

SRI GURU RAM DAS COLLEGE OF NURSING MEHTA ROAD, SRI AMRITSAR

Under the aegis of

SGRD UNIVERSITY OF HEALTH SCIENCES

Organizes



NATCON



UG QUIZ 2.0



THEME

BUILDING RESILIENT COMMUNITIES FOR A HEALTHIER FUTURE

17th & 18th APRIL , 2026

**CNE HOURS
APPLIED**

ANATOMY LECTURE THEATRE

Sri Guru Ram Das University of Health Sciences,
Mehta Road, Sri Amritsar

**ATTRACTIVE
PRIZES**

First Prize

**Rs.
21,000/-**

Second
Prize

**Rs.
15,000/-**

Third
Prize

**Rs.
9,000/-**

About the University

Sri Guru Ram Das University of Health Sciences (SGRDUHS), Located at Sri Amritsar, Punjab is an outstanding academic institute dedicated to produce exemplary doctors, nurses, health care professionals, academicians, and researchers. SGRDUHS is a State Private University declared on 19th August 2016 vide ordinance no 7/2016, under



the Punjab Private University Policy 2010, established under Punjab Act no. 43 of 2016. It consists of Sri Guru Ram Das Institute of Medical Sciences and Research (SGRDIMSAR), Sri



Guru Ram Das College of Nursing (SGRD CON) and Sri Guru Ram Das Rotary Cancer Institute (SGRDRCI). Sri Guru Ram Das Charitable Hospital came into existence in the year

1977, Medical and Nursing Institute in the year 1997 and 2001 respectively. These institutes have been managed under the aegis of Sri Guru Ram Das Charitable Hospital Trust, Sri Amritsar. The University is synonymous with excellence in higher education in health sciences. Every institute under this university has world class facilities and pedagogy, which are constantly reviewed and upgraded to reflect the latest trends and developments in higher education.

About the Conference

“Building Resilient Communities for a Healthier Future” emphasizes the pivotal role of nurses as frontline leaders in promoting health, preventing disease, and strengthening community preparedness against emerging health challenges. Nurses are uniquely positioned to identify local health needs, implement evidence-based interventions, and foster health literacy through education and empowerment. By integrating principles of primary health care, disaster preparedness, and digital health innovations, nurses contribute to creating adaptive and sustainable health systems. Their compassionate leadership, community engagement, and advocacy not only enhance individual and collective well-being but also ensure that communities remain strong, responsive, and self-reliant in the face of public health crises and climate-related challenges.

Conference Objectives

- ✦ To enhance understanding of the concept of community resilience in public health.
- ✦ To strengthen the role of nurses in building resilient and self-reliant communities.
- ✦ To explore innovative and sustainable approaches to community health challenges.
- ✦ To promote inter-sectoral collaboration and leadership in nursing.

PATRON-IN-CHIEF



S. HARJINDER SINGH DHAMI

Chancellor,
Sri Guru Ram Das University of Health Sciences,
Sri Amritsar

PATRON



S. SATBIR SINGH DHAMI

Secretary,
Sri Guru Ram Das Charitable Hospital Trust, Sri Amritsar



DR. MANJIT S. UPPAL

Vice Chancellor,
SGRDUHS, Sri Amritsar



DR. A.P. SINGH

Dean,
SGRDUHS, Sri Amritsar



DR. ANUPAMA MAHAJAN

Director Principal,
SGRDIMS, Sri Amritsar

Organizing Committee



MS. KULWINDER KAUR

Organizing Secretary



DR. MANPREET KAUR

Organizing Chairperson



MS. KAWALJEET KAUR

Organizing Secretary

Who Can Register

- ✓ Nursing Faculty
- ✓ Nursing Officers/ CHO's
- ✓ Nursing Students



Registration Fee

Faculty/ Nursing Officer/ CHO's

Rs. 1200/-

M.Sc. Nursing Student

Rs. 1000/-

UG Nursing Student

Rs. 700/-



Bank Account Details

Account Number

360601000300

Account Name

Principal, Sri Guru Ram Das College of Nursing

IFSC Code

ICIC0003606

Bank Name

ICICI Bank, Sri Guru Ram Das College of Nursing, Vallah, Amritsar



For Registration Kindly Contact

MS. KULWINDER KAUR +91 95010-06985

For Accommodation Kindly Contact

MS. KAWALJEET KAUR +91 97812-77428

For any queries, write to

sgrdnatcon@gmail.com

DAY - 1
FRIDAY, 17TH APRIL, 2026

SCIENTIFIC PROGRAMME

Time	Topics	Speaker
08:00 - 09:00 am	Registration & Breakfast	
09:00 - 09:30 am	Introduction to Conference & Its Objectives	
09:30 - 10:00 am	KEY NOTE ADDRESS - I Concept of Community Resilience and its Relevance in Health Care Practice CHAIRPERSONS: DR. SUSHMA SAINI SPEAKER: DR. PRIYANKA DEVGUN	
10:00 - 10:30 am	Inauguration Ceremony	
10:30 - 11:00 am	Networking on Coffee	
11:00 - 12:10 pm	PLENARY SESSION - I Integrating Primary Health Care and climate Responsive Nursing for Community Resilience CHAIRPERSONS: DR. SUNIL DULAR, DR. AMANDEEP KAUR BAJWA	
11:00 - 11:20 am	Strengthening Primary Health Care for Community Resilience	Dr. Reena Jairus
11:20 - 11:40 am	Role of Nurses in Disaster Preparedness	Ms. Manpriya Kaur
11:40 - 12:00 pm	Climate changes and Nursing advocacy	Dr. Sheetal Saxena
12:00 - 12:10 pm	Discussion & QA	
12:10 - 01:15 pm	PLENARY SESSION - II Integrated Community Health Strategies: Combating Infectious Diseases, Chronic Illnesses, and Social Vulnerabilities CHAIRPERSONS: DR. BALWINDER KAUR, DR. BHUVANESH SHUKLA	
12:10 - 12:30 pm	Social Determinants of Health: Bridging Inequalities in Community Care	Dr. Sree Raja Kumar
12:30 - 12:50 pm	Community-Based Strategies for Control of Infectious Diseases	Dr. Samta Soni

DAY - 1
FRIDAY, 17TH APRIL, 2026

SCIENTIFIC PROGRAMME

Time	Topics	Speaker
12:50 - 01:10 pm	Addressing the Rising Burden of Non-Communicable Diseases at Primary Care Level	Dr. Sushma Saini
01:10 - 01:15 pm	Discussion & QA	
01:15 - 02:00 pm	Lunch Break	
02:00 - 02:45 pm	PLENARY SESSION - III Empowering Communities through Digital Health and Behavior Change Initiatives CHAIRPERSONS: DR. SANDEEP KAUR, DR. KARUNA SHARMA	
02:00 - 02:20 pm	Digital Health Innovations for Strengthening Community Resilience	Dr. Deepa Mukherjee
02:20 - 02:40 pm	Health Promotion and Behavior Change for Community Resilience	Dr. K. Rajarajeswari
02:40 - 02:45 pm	Discussion & QA	
02:45 - 03:30 pm	PANEL DISCUSSION Collaborative Strategies for Building Healthier Communities MODERATORS: DR. SIMARJEET KAUR	PANELISTS Dr. Mamta Nebhinani Dr. Anu Gauba Ms. Meenakshi Ms. K. Lakshmi Prasanna
03:30 - 04:00 pm	Recap and Feedback	
04:00 pm onwards	Evening Tea	

02:00 pm - 03:00 pm

PARALLEL SESSION IN CONFERENCE ROOM

Scientific Session, Oral & Poster Presentation

DAY - 2
SATURDAY, 18TH APRIL, 2026

SCIENTIFIC PROGRAMME

Time	Topics	Speaker
09:00 - 10:00 am	Preliminary Quiz Competition	
09:30 - 10:00 am	KEY NOTE ADDRESS - II Empowering Community Health Workers: The Backbone of Resilient Health System CHAIRPERSON: DR. MANPREET KAUR SPEAKER: DR. KAMLESH K. SHARMA	
10:10 - 11:15 am	PLENARY SESSION - IV Promoting Mental Health and Geriatric Health in Communities CHAIRPERSON: DR. SAMTA SONI, DR. HARJINDERPAL KAUR	
10:10 - 10:30 am	Promoting Mental Health and Psychosocial Resilience in Communities	Dr. Sukhbir Kaur
10:30 - 11:00 am	Strengthening Geriatric and Home-Based Care for Community Resilience	Dr. Harjot Singh
11:00 - 11:15 am	Discussion & QA	
11:15 - 01:30 pm	Final Quiz Competition	
01:30 - 02:30 pm	Lunch Break	
02:30 - 04:00 pm	Prize Distribution and Valedictory	
04:00 pm onwards	Evening Tea	

UG QUIZ COMPETITION

UG QUIZ COMPETITION

Theme– Beat the NCDs : Knowledge for Prevention and care

RULES

A team for quiz will comprise of three students, could be a mix of students pursuing GNM, B.Sc. Nursing, Post Basic B.Sc. Nursing.

NOTE

Each Nursing College can send 2 Teams, certified by Principal of the college on letter head and Registration for students participating in quiz is mandatory.

SELECTION: TOP FOUR TEAMS WILL BE SELECTED AFTER PRELIMINARY ROUND.

FINAL QUIZ ROUNDS

- + MCQ
- + Fillups
- + Case Scenario Round/ ABQ
- + Program & Policy Round (Buzzer Round)
- + Image Identification Round

PRIZES FOR UG QUIZ COMPETITION



SCIENTIFIC PRESENTATIONS GUIDELINES FOR PAPER (ORAL & POSTER) ABSTRACT SUBMISSION

ORAL

- + It should include original research article, case studies/ case presentations.
- + Oral presentation will be for 8 –10 minutes.

POSTER

- + Size: standard size (4 X 3 feet) approx.
- + Lettering and design of the poster should be bold enough to be well visible from a distance.
- + Extra fixing of clippings/cuttings or any other form on the poster should be avoided.
- + The poster should be according to IMaRD format.
- + Presenting author must register for the conference.
- + Final decision for acceptance will be communicated.
- + Best Paper and presentation will be awarded.

**Submit abstract before 10th April, 2026 at sgrdnatcon@gmail.com
and it should not be more than 250 – 300 words. Follow IMaRD Format**

Expert Faculty



DR. KAMLESH K. SHARMA

Professor cum Principal
Institute of Nursing Education & Research
AIIMS Bathinda



DR SUSHMA SAINI

Associate Professor
National Institute of Nursing Education
PGIMER, Chandigarh



DR. PRIYANKA DEVGUN

Prof. & Head. Community Medicine
SGRDIMS, Sri Amritsar



DR. HARJINDER PAL KAUR

Director
SGRD Institute of Nursing, Pandher,
Amritsar



DR. SAMTA SONI

Lecturer
Govt College of Nursing,
Jaipur



DR. ANU GAUBA

Dean, Department of Nursing
G.D. Goenka University,
Gurgaon, Haryana



PROF. (DR.) SUNIL K. DULAR

Dean, Faculty of Nursing,
SGT UNIVERSITY,
Village- Budhera, Gurugram- Haryana



PROF. DR. R. SREE RAJA KUMAR

Associate Dean
Sharda School of Nursing Science & Research
Sharda University, Greater Noida



DR. REENA JAIRUS

Professor
College of Nursing,
CMC, Ludhiana



DR. DEEPA MUKHERJEE

Assistant editor, Wiley
Former Professor, Faculty of Nursing,
SGT University, Gurugram, Haryana



DR SHEETAL SAXENA

HOD- Community Health Nursing,
Academic Coordinator
Choithram College of Nursing, Indore



DR. AMANDEEP KAUR BAJWA

Vice Principal
SGRD College of Nursing,
Sri Amritsar

Expert Faculty



DR. BALWINDER KAUR

Professor cum Principal
Government College of Nursing
Rajindra Hospital, Patiala



DR. BHUVANESH SHUKLA

Professor cum Principal
Government College of Nursing
Amritsar



DR. HARJOT SINGH

Professor Community Medicine,
SGRDIMSR,
Sri Amritsar



DR. SANDEEP KAUR

Professor, College of Nursing,
DMC&H, Ludhiana



DR. KARUNA SHARMA

Professor
SGRD College of Nursing,
Sri Amritsar



DR VARINDER KAUR

Associate Professor
College of Nursing,
AIIMS, Bilaspur, HP



MS. MANPRIYA KAUR

Associate Professor
Government College of Nursing,
Patiala



MS. MEENAKSHI

Associate Professor,
DMC&H College of Nursing,
Malakpur Ludhiana



DR. SUKHBIR KAUR

Associate Professor
SGRD College of Nursing,
Sri Amritsar



MS. K. RAJARAJESHWARI

Assistant Professor
College of Nursing,
AIIMS, Rishikesh, Uttarakhand



MS. K. LAKSHMI PRASANNA

Assistant Professor
Sub Dean (Student Welfare of Nursing &
Allied Health Sciences), CON AIIMS Patna, Bihar



DR MAMTA NEBHINANI

Assistant Professor
College of Nursing,
AIIMS, Jodhpur Rajasthan



DR SIMARJEET KAUR

Assistant Professor
Institute of Nursing Education and Research,
AIIMS Bathinda

Places to Visit in Amritsar



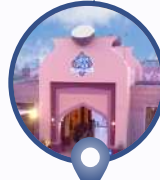
Golden Temple



Jallianwala Bagh



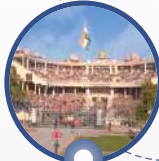
Ram Tirath



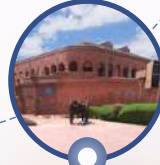
Sada Pind



Durgiana Temple



Wagah Border



Gobindgarh Fort



War Memorial

